

We are here to support YOU

We know this is a challenging time for all of us and we want you to know **YOU ARE NOT ALONE**. That is why we created a new support system to help you with any of your parenting needs. We are in this together!



We can help answer your parenting questions



CLASSES

"How do I sign up for a free parenting class near me?"



PRAISE

"Can I spoil my baby?"



DISCIPLINE

"What is the best way to discipline my child?"



MILESTONES

"Shouldn't my son know how to do this already?"

WHERE A TTY NUMBER IS NOT INDICATED, USE 711/VIRGINIA RELAY. REASONABLE ACCOMMODATIONS MADE UPON REQUEST

Are you parenting a child 0-18 years old?

Fairfax County and the City of Alexandria are partnering to respond to your needs. We are providing a support line just for you to answer any parenting questions you may have. Talk to a live person ready to help you now!

Our support team is available Monday through Friday, 8 a.m.-4:30 p.m. to help answer your questions.

SUPPORT AVAILABLE IN ENGLISH AND SPANISH

PARENT SUPPORT LINE

CALL 703.324.7720

OR

TEXT "SUPPORT" OR "PARENTING" TO 30644



FAIRFAX COUNTY DEPARTMENT OF
FAMILY SERVICES

Building Stronger Families



RAISE



Department of
Community and
Human Services



AGPS
Alexandria City Public Schools

SCAN
Building hope for children & families
in Northern Virginia

Alexandria Campaign
on Adolescent Pregnancy

SUBSTANCE
ABUSE
PREVENTION
COALITION
OF ALEXANDRIA

FairfaxCounty.gov/family-services

buildingstrongerfamilies@fairfaxcounty.gov

alexandriava.gov/DCHS